

Swindon Based Children's Mental Health Services

CAMHS (Child and Adolescent Mental Health Service) – CAMHS in Swindon is provided by Oxford Health NHS FT and work with young people and their families up to the age of 18 years. CAMHS is a multi-disciplinary team which includes a range of therapists, mental health clinicians and psychiatrists. The service provides assessment and treatment of young people who are presenting with significant mental health difficulties.

☎ : 01865 903422 E: camhs.swindon-admin@oxfordhealth.nhs.uk

W: <https://www.oxfordhealth.nhs.uk/camhs/support/helpline/>

TAMHS (Targeted Mental Health Service)– TAMHS are a part of the Integrated Locality Service for Children and Young People, providing services for young people up to age 18 years and their families. The team is multi-disciplinary and includes Clinical Practitioners and Outreach workers who are skilled in working with mental health. TAMHS will offer short-term interventions tailored to meet the needs of each child, young person and family. The service works on an individual basis, or with families, using evidence-based interventions.

Swindon No Wrong Front Door-SPA (Single Point of Access)- Referrals will go to the Single Point of Access (SPA) and staff will offer the most appropriate service to meet the needs of the Child/young person. This Single Point of Access is jointly offered by TAMHS and CAMHS.

☎ : 01793 463177 E: TaMHS@swindon.gov.uk

Swindon MHST Trailblazer Project me – The Mental Health Support Teams (MHST's) work with children and young people aged 5-18 in some schools across Swindon who experience mild to moderate forms of mental health and emotional wellbeing issues, such as anxiety, behavioural difficulties and friendship issues. They also work with school staff providing support and upskilling to be more confident with supporting children and young people within school settings.

☎ : 01793 957900 E: Enquiries.swindontrailblazer@barnardos.org.uk

Kooth- From XenZone, is an online counselling and emotional well-being platform for children and young people aged 11 - 25, accessible through mobile, tablet and desktop and free at the point of use.

W: <https://www.kooth.com>

Swindon Local Offer- Local Offer is a website in Swindon for children & adults who have support needs, giving you correct information and advice at any time.

W: <https://localoffer.swindon.gov.uk/home>

